

GYMNASTICS FEDERATION OF PORTUGAL



11TH AEROBIC GYMNASTICS INTERNATIONAL OPEN COMPETITION YOUTH (9-11 YEARS) CANTANHEDE, 22ND TO 24TH MARCH, 2023



Invitation & Directives

Dear affiliated Member Federation,

The Gymnastics Federation of Portugal and the Academia CantanhedeGym, have the pleasure to invite your Federation to participate in the 11th Aerobic Gymnastics International Open Competition, to be held in Cantanhede, Portugal.

HOST FEDERATION	Gymnastics Federation of Portugal Contact Person: Teresa Loureiro Adress: Estrada da Luz, n.º 30-A, 1600-159 Lisboa / Portugal Tel: (+351) 21 814 11 45 E-mail: federacao@ginastica.org / Website: http://www.ginastica.org
LOCAL ORGANIZING COMMITTEE (LOC)	Academia CantanhedeGym Contact Person: João Dias Adress: Rua da Concórdia, Lote 12, 3060 – 149 Cantanhede / Portugal Mobile: +351 925123182 E-mail: academia.cantanhedegym@gmail.com / Website: www.cantanhedegym.com
LOCATION	City of Cantanhede – Coimbra – Portugal
DATE	From 22nd to 24th March, 2023
VENUE	Pavilhão Marialvas Rua Luís de Camões, Nº 19, 3060 – 183 Cantanhede Portugal Tel: +351 231 422 101
APPARATUS SUPPLIED	Competition Hall: GYMNOVA - Ref. 6632 "Cancun" Training Hall: GYMNOVA - Ref. 6632 "Cancun"
PROVISIONAL SCHEDULE	Day 1, 20th March: Arrival of Delegations/Training Sessions (Depending of the number of participants) Day 2, 21st March: Arrival of Delegations/Training Sessions (Depending of the number of participants) Day 3, 22nd March: (Depending of the number of participants) Qualifications Orientation meeting, judges meeting (IOC & Youth Competition) Day 4, 23rd March Qualifications Day 5, 24th March Finals Day 6, 27th March Departure of Delegations (All day)
PARTICIPATION	The Youth International Open Competition consists of one general competition. In case of a tie in any place, the tie-breaking rules are as set by FIG. The LOC may cancel the competition in the respective category if at the time of the definitive entry, there are less than 3 countries registered in a category. In case of such a cancelation, the LOC must reimburse, in full, the entry fee and payments made for accommodation. Should flights have to be cancelled due to the above, the risk is at the charge of the participating member Federations.
SIZE OF THE DELEGATION	The number of participants by nation, category and age group is not limited.

AGE LIMITS	Youth 9-11 Years old in 2023									
CATEGORIES	IW / IM / Mix Pair / Trio / Group									
JUDGES & JURIES	<p>The number of Juries (judges' panels) may be decided by the organizing member federation depending on the number of participating competitors and judges.</p> <p>The Juries are set up by a draw from the judges present at the event. Priority will be given to the judges of the highest category. If, on the day of the competition, there are no sufficient numbers of judges in the requested categories, the Technical Director of the competition may take whatever action needed to secure the running of the event. Each participating federation must provide minimum one judge Cat. 1, 2, 3 or 4 with current valid brevet. Failure to do so, will result in a fine of CHF 2'000.- to be paid to the LOC.</p>									
REGISTRATION DEADLINES	<p>Provisional, Definitive and Nominative Registrations must be completed by sending the composition of the delegation to the LOC. Late entries will be considered as invalid and will be refused.</p> <table border="1"> <tr> <td>Provisional registration</td> <td>23, November, 2022</td> <td>(4 months prior to the event)</td> </tr> <tr> <td>Definitive registration</td> <td>18, January, 2023</td> <td>(2 months prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>22, February, 2023</td> <td>(4 weeks prior to the event)</td> </tr> </table> <p>Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p>	Provisional registration	23, November, 2022	(4 months prior to the event)	Definitive registration	18, January, 2023	(2 months prior to the event)	Nominative registration	22, February, 2023	(4 weeks prior to the event)
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DRAWING OF LOTS	<p>The drawing of lots will take place at the Gymnastics Federation of Portugal, two weeks after the nominative registration date. After publication of the draw to all participating federations there will be an opportunity to modify the position of the gymnasts' starting order within 3 days by using the FIG official document.</p>									
ENTRY FEES	<p>The costs for the entry fees are: IW / IM: 35€ - MP: 50€ - TRIO:60€ - GROUP: 70€</p> <p>The invited participating federations must pay for all entry fees. At the time of the Definitive entry (2 months prior to the event) 100% of the entry fee must be paid to the LOC. All the entry fees are not refundable.</p>									
ACCOMMODATION	<p>It is mandatory for all delegations to book their accommodation through the LOC.</p> <p>The Organizers will arrange at a determined fee, accommodation and meals from the 20th March to 27th March, see Entry Forms (see attached) as follows:</p> <p>B&B Hotels Cantanhede / Coimbra:</p> <ul style="list-style-type: none"> - Av. Comandante Xavier Gomes Gama, 1 * 3060-209 Cantanhede - (+315) 231410220 - e-mail: hotel.cantanhedecoimbra@hotelbb.com - web site: www.hotel-bb.es <p>The costs per person/night in this first Hotel are as follows:</p> <ul style="list-style-type: none"> • 85,00 EUR (single room, including breakfast) • 70,00 EUR (double room, including breakfast) <p>Hotel Quinta da Lagoa:</p> <ul style="list-style-type: none"> - Quinta da Lagoa * 3070-150 Mira - (+351) 231458688 - e-mail: hotelquintadalagoa@sapo.pt - web site: www.hotelquintadalagoa.pt <p>The costs per person/night in this second Hotel are as follows:</p> <ul style="list-style-type: none"> • 85,00 EUR (single room, including breakfast) • 70,00 EUR (double room, including breakfast) • 55,00 EUR (triple room, including breakfast) 									

	<p>Herdade Lago Real: - Rua das Palmeiras * 3070-153 Mira - (+351) 231488269 - e-mail: geral@lagoreal.pt web site: www.lagoareal.pt</p> <p>The costs per person/night in this second Hotel are as follows:</p> <ul style="list-style-type: none"> • 85,00 EUR (single room, including breakfast) • 70,00 EUR (double room, including breakfast) • 55,00 EUR (triple room, including breakfast) <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 18, January, 2023 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations must be paid to the LOC by 18, January, 2023.</p>
MEALS	<p>The invited participating federations must pay for the meals expenses of their delegation members.</p> <p>Lunch – at B&B Hotels Cantanhede / ETPC – 20,00€ Dinner – at the Hotel of Accommodation – 20,00€</p> <p>While the Meals Form must be returned to the LOC by 18, January, 2023 at the very latest.</p> <p>The costs for the meals must be paid to the LOC by 18, January, 2023.</p>
FINAL BANQUET	<p>There will be tickets for the Final Banquet available at the entry cost of 24,00 EUR/person. The tickets for the Final Banquet must be paid to the LOC until 18, January, 2023.</p> <p>Tickets for the Final Banquet are not refundable.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 18, January, 2023.</p>
LOCAL TRANSPORTATION	<p>It is mandatory for all delegations to book their local transportation through the LOC.</p> <p>The Organizers will arrange at a determined fee, the transport service from the LISBON International airport and OPORTO International airport to the accommodation place in Cantanhede and to the competition hall</p> <p>The costs are per person.</p> <p>Transportation from Oporto Airport to the competition venue or hotel and back – 60€ (sixty Euros). Transportation from Lisbon Airport to the competition venue or hotel and back – 85€ (eighty-five Euros).</p> <p>The LOC only ensure the Local Transportation between the hotels and the hall of the competition to the participants who booked the accommodation by the LOC.</p> <p>The invited participating federations must pay for the transportation expenses of their delegation members until 18, January, 2023.</p>
VISA	<p>Please verify immediately with your travel agent or the Portugal Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 18, January, 2023 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p>

	<p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 45€ (forty-five euros) per person/day</p>
ACCREDITATION	<p>The accreditation will take place at the Sports Hall “Os Marialvas“ upon arrival to Cantanhede. The accreditations will only be handed out to the Head of Delegation.</p> <p>All delegations must deliver 2 memory sticks with the musics of all routines, national anthem and flag, SPORTIVE INSURANCE declaration, passports of all members.</p>
FINANCIAL OBLIGATIONS	<p>Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in these Competitions.</p> <p>Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the Invitation/Directives may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>
EVENT FORMAT	<p>The Aerobic Gymnastics International Youth Open Competition will have one general competition in all categories: IW-IM-MP-TR-GR. Participation is not limited by nation / category.</p> <p>The participation in the finals is limited to 2 units per country in each category</p>
BANK ACCOUNT INFORMATION	<p>All payments must be made in euros, through bank transfer to the following account:</p> <p><u>Account Name</u>: ACADEMIA CANTANHEDEGYM <u>Bank</u>: Crédito Agrícola <u>Agency</u>: Cantanhede <u>IBAN</u>: PT50004530204023223856527 <u>Swift code</u>: CCCMPTPL <u>Reference</u>: CANTANHEDE AER International Youth Competition 2023_(Country)</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
CANCELLATION POLICY	<p>Full reimbursement until 18th January 2023. No reimbursement shall be made after this date.</p>
TIE BREAKING RULES	<p>In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied.</p>
EVENT MANAGER	<p>LOC: João Dias Rua da Concórdia, Lote 12 , 3060-149 Cantanhede - Portugal Tel: + 351 925123182 / E-mail: academia.cantanhedegym@gmail.com</p>
MEDIA	<p>Only journalists and photographers holding an official and valid press card recognized by international press agencies such as the AIPS and official Sports Journalists Associations / National Federations will be accredited.</p> <p>All media representatives (journalists, photographers, TV) must request an accreditation from the O.C. Media Office as soon as possible to have access to the media centre on the competition venue.</p>
MEDICAL SERVICES	<p>The Local Organizing Committee will provide first aid medical services. A physiotherapist will be present during the competitions as well members of the Portuguese Red Cross specialized in first aids. Medical support is also available at 5min. distance.</p>
COVID 19	<p>Besides the FIG medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p>

	<p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p>
MARKETING	FIG advertising and publicity norms must be respected.
VIDEO CONTROL SYSTEM	The exact name of the system used will be communicated later.
RULES AND REGULATIONS	The competition must be organized under the FIG rules, except for any deviation mentioned in these competition directives document.
DEADLINES SUMMARY	<p>Provisional Registration - 23rd November 2022</p> <p>Definitive Registration - 18th January 2023</p> <p>Nominative Registration - 22nd February 2023</p> <p>Accommodation Form - 18th January 2023</p> <p>Travel Schedule Form - 18th January 2023</p> <p>Visa Request Form - 18th January 2023</p> <p>Meals and Banquet Form - 18th January 2023</p> <p>Payment of the Entry Fee (100%/if any) - 18th January 2023</p> <p>Payment of the Accommodation Costs (100%) - 18th January 2023</p> <p>Payment of the Meals (100%) - 18th January 2023</p> <p>Payment of the fine for missing judge (if any) - 18th January 2023</p>
ADDITIONAL INFORMATION	Federations which have not fulfilled their financial obligations towards the FIG and LOC (e.g. annual membership fees, insurance, missing payments in previous editions, etc.) will not be allowed to participate in the International Tournament. All participating Federations must commit themselves to respect the Statutes and all FIG rules and regulations.

Sincerely Yours,

Place and date:
Lisboa, 29 – July – 2022



Signature of the President or
Secretary General of the FIG affiliated NF