

DAS TURN-TEAM

ZU GAST IN HEIDELBERG

9. SEPTEMBER 2023
SNP DOME HEIDELBERG



WORK PLAN

FRIENDLY COMPETITION GER-FRA-GBR-ROU-SUI 2023
Women's Artistic Gymnastics

GERMAN WCH QUALIFICATION 2023
Men's Artistic Gymnastics

SNP dome Heidelberg
9. September 2023

Version 30.08.2023

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1 Officials and Organising Committee

This Work plan has been drawn up by the German Gymnastics Federation (DTB) and Badischer Turner-Bund (BTB) in accordance with the latest DTB and the FIG regulations based on the Event Directives published on July 26th 2023.

- Satzung des DTB
- DTB-Turnordnung
- Wettkampfordnung des DTB mit allen Anlagen
- Finanz- und Wirtschaftsordnung des DTB
- Rechts- und Verfahrensordnung des DTB
- Ordnung Gerätturnen des DTB
- Preamble concerning the competition system between the federations (27.05.2020)
- FIG Technical Regulations
- FIG Code of Points MAG & WAG (incl. all FIG-Newsletters)
- FIG Apparatus Norms
- WADA-Code, NADA-Code, DTB Anti-Doping-Code

All participants undertake to recognise and comply with the regulations mentioned above.

Host

Deutscher Turner-Bund e.V.
Kalle Zinnkann, Secretary General
Otto-Fleck-Schneise 8
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kalle.zinnkann@dtb.de
www.dtb.de

Organising Committee

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60528 Frankfurt/Main
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thorsten.weiss@dtb.de
<https://www.dtb.de/heidelberg>

Co-Host

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76131 Karlsruhe
Tel.: +49 (0)721 1815-0
Germany
ramona.mueller@badischer-turner-bund.de
www.badischer-turner-bund.de

DTB Officials

President
Vice President
Vice President
Secretary General
Sports Director
CEO DTB Service GmbH

Dr. Alfons Hölzl
Ulla Koch
Dr. Christine Noe
Kalle Zinnkann
Thomas Gutekunst
Eric Schneidenbach

2 Organisation

2.1 Covid & Safety

Now in Germany and here in Heidelberg the Covid-situation is favorable, without many cases. We don't need to have any special measures, but we must continue respecting and following the hygiene rules and making use of countermeasures to protect ourselves and each other.

2.2 Accreditation

Accreditation is mandatory for all participants on all days. The accreditation card serves as access authorisation and is limited to persons with a relevant function. The organisation committee reserves the right to adjust or refuse accreditation requests.

The accreditation counter is located at the athletes-entry of the SNP dome Heidelberg and is open as follows:

- 08. September 2023 | 11h00 – 18h00
- 09. September 2023 | 11h00 – 18h00

The number of coaches depends on the specifications of the respective announcements. All participants will collect their accreditation in person upon arrival.

2.3 Official hotels

Delegations & judges

Leonardo Hotel Heidelberg
Pleikartsförster Str. 101
69124 Heidelberg
Germany

www.leonardo-hotels.de/heidelberg

DTB staff & service providers

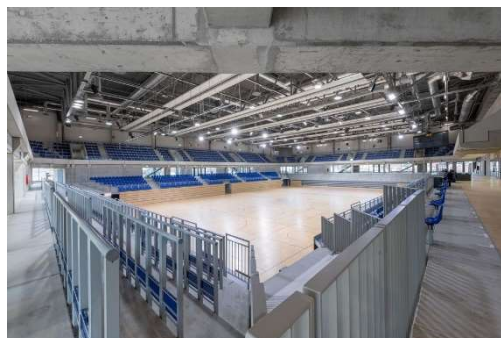
Leonardo Hotel Heidelberg-Walldorf
Roter Str. 2
69190 Walldorf
Germany

www.leonardo-hotels.de/walldorf

2.4 Competition venue

SNP dome Heidelberg
Carl-Friedrich-Gauß-Ring 16
69124 Heidelberg-Kirchheim
Germany

www.snp-dome-heidelberg.de



2.5 Transportation

The official arrival airport is Frankfurt Airport (FRA) or Heidelberg Main station. All international delegations will be provided with transfers from and to Frankfurt Airport (FRA) or Heidelberg Main Station. The deadline for submission of travel details was 23rd August 2023.

In addition, free transportation (venue – hotel) will be offered for international delegation members and judges only. Please find therefore the shuttle-schedule below, these information will also be displayed in the official hotel.

There will be no shuttle between the official hotel and the "Turnzentrum Heidelberg" as it is only a [5-minute walk](#).

Next to the SNP dome Heidelberg is a public parking lot which can be used for a special fee of 5€/day. The hotel only offers a very limited parking possibility (fee).

If there are any questions / problems regarding the shuttle, please contact:

Thomas Müller
 +49 (0)159 04107429

Shuttle Schedule

Date	Who	Pick-Up Time	Where	To
07.09.2023	ISR	19:00:00	Frankfurt Flughafen Terminal 1	Leonardo Hotel Pleikartsförster Str.
08.09.2023	FRA	10:55:00	Heidelberg Hbf	Leonardo Hotel Pleikartsförster Str.
08.09.2023	ROU	11:00:00	Frankfurt Flughafen Terminal 2	Leonardo Hotel Pleikartsförster Str.
08.09.2023	GBR	11:45:00	Frankfurt Flughafen Terminal 1	Leonardo Hotel Pleikartsförster Str.
08.09.2023	SUI	12:50:00	Heidelberg Hbf	Leonardo Hotel Pleikartsförster Str.
08.09.2023	ALL WAG	14:30:00	Leonardo Hotel Pleikartsförster Str.	SNP dome
08.09.2023	WAG Judges	17:30:00	SNP dome	Bootsanlegestelle
08.09.2023	ALL WAG	17:45:00	SNP dome	Leonardo Hotel Pleikartsförster Str.
08.09.2023	ISR	17:45:00	Leonardo Hotel Pleikartsförster Str.	SNP dome
08.09.2023	WAG Judges	19:00:00	Bootsanlegestelle	Leonardo Hotel Pleikartsförster Str.
08.09.2023	ISR	20:45:00	SNP dome	Leonardo Hotel Pleikartsförster Str.
09.09.2023	ALL WAG	10:00:00	Leonardo Hotel Pleikartsförster Str.	SNP dome
09.09.2023	ISR	15:00:00	Leonardo Hotel Pleikartsförster Str.	SNP dome
09.09.2023	SUI	16:15:00	SNP dome	Heidelberg Hbf
09.09.2023	GBR	18:00:00	SNP dome	Frankfurt Flughafen Terminal 1
09.09.2023	ROU	18:00:00	SNP dome	Frankfurt Flughafen Terminal 1
09.09.2023	FRA	18:00:00	SNP dome	Heidelberg Hbf
09.09.2023	ISR	19:45:00	SNP dome	Leonardo Hotel Pleikartsförster Str.
10.09.2023	ISR	08:45:00	Leonardo Hotel Pleikartsförster Str.	Frankfurt Flughafen Terminal 1

2.6 Technical Meeting

A Technical Meeting will be held on Friday, 8th September at 17h45 in the meeting room (as indicated on-site). The presence of the participating National Federations at the Orientation meeting is mandatory. A maximum of 3 members per delegation, including the Head of Delegation is permitted.

2.7 Access Venue / Field of Play

Access to the venue is only granted to accredited persons using the official athletes-entry. Field of Play access is limited to persons directly concerned with the competition like judges and officials, coaches and athletes only during their respective competition and official media using their bibs.

The access to the Field of Play is limited to the respective training, warm-up or competition times.

For all other persons it is strictly forbidden to enter the Field of Play. During the duration of the competitions, which is defined as starting the moment the first gymnast enters the field of play and ending the moment the last score is made public:

- Judges on the field of play are absolutely prohibited from using cellular phones / tablets and any other kind of electronic communication devices.
- Other delegation members (gymnasts, coaches, medical staff) are prohibited from using cellular phones and any other kind of electronic communication devices. However, gymnasts are allowed to listen to music (with earphones and a sound level which is not observable by surrounding persons). It is also allowed to other delegation members to take photos (but no videos), without flash and not interrupting the running of the competition.

2.8 Athletes Presentation

All participants have to keep ready **in time** in order to ensure a smooth running of the athletes presentation in advance of the competition. For athletes' presentation, athletes have to wear their competition clothing (unitard, leotard, etc.). Final instructions and the exact running will be presented to the delegations during the technical meeting and be guided by hostesses.

Photo session

Each athlete's photo in competition clothing shall be taken in advance of training. These photos will be used by the Scoring company to display on the screens during the events. For this purpose, all athletes are requested to follow the dedicated volunteers to have their pictures taken.

The photo session will take place next to the official athletes entry.

- WAG	Friday, 08.09.2023	14h15 – 15h00
- MAG	Friday, 08.09.2023	17h15 – 18h00

2.9 WAG music

Please upload the files of the WAG floor music of your gymnasts via the following link by **September 5th**.

[Link WAG Music Upload](#)

The music files must be in a WAV or at least high resolution mp3 (256 kbps) format. The file name must contain Country Code_Name_Firstname_year of birth (e.g. GER_Mustermann_Maria_1996.mp3).

By uploading the music you confirm:

- that the music used does not violate any copyrights and that it can be broadcasted within sports. Any claims due to violations of copyrights will have to be borne by the National Federation.
- that your music files meet the criteria of the LOC.

At the same time, we are strongly requesting the WAG participants to also bring a USB-stick with the athletes' floor music on it for backup.

2.10 Kiss&Cry / Waiting zones

After the routine, athletes, guided by a hostess, shall take a seat in the Kiss&Cry area to ensure an optimal presentation of the scores. The waiting zones for all athletes / coaches who are waiting for their routine are located directly next to the Kiss&Cry area.

2.11 Medal ceremonies

The medal ceremonies will take place according to the schedule and will be organised as follows.

WAG competition

- Team ceremony: Gold, Silver and Bronze teams (all athletes) medallists on the podium wearing their national tracksuit
- All-Around ceremony: Gold, Silver and Bronze teams medallists on the podium wearing their national tracksuit

MAG competition

- All-Around ceremony: Gold, Silver and Bronze medallists on the podium wearing their club's tracksuit.

For all medal ceremonies the coaches will act as medal presenter, a VIP will hand over the gifts. The participation of the medal winners in the medal ceremonies is compulsory. Medal ceremonies will take place on the competition floor.

Diplomas will only be printed and handed out on request.

2.12 Advertisement

Athletes have to follow FIG advertisement rules for competition clothing.

In accordance with the "DTB Wettkampfordnung" (4.1), German **MAG** athletes are **not** allowed to display the federal eagle on their competition clothing.

2.13 Anti-Doping

Any doping is prohibited. An anti-doping control for all athletes (national and international) can be requested at any time. Anti-doping controls will be as per Anti-Doping Control Regulations of FIG and WADA/NADA.

2.14 Catering

Delegation Catering in the competition venue

Snacks (e.g. fruits, bars, etc.) and drinks will be offered for all delegations in the competition venue.

Delegation Meals

Thursday 07th September

- 20h00 MAG ISR dinner at the hotel

Friday 08th September

- 12h30 WAG ROU and FRA lunch at the hotel
- 13h30 MAG ISR and WAG SUI lunch at the hotel
- GBR Lunch package
- 19h00 WAG dinner at the hotel
- 20h45 MAG dinner at the hotel

Saturday 09th September

- 12h30 MAG lunch at the hotel
- After the competition each WAG delegation member will receive a lunch package.
- 20h00 MAG ISR & hotel guests until Sunday dinner at the hotel

Crew Catering

Crew Catering will be provided in the SNP dome Heidelberg.

2.15 Safe Sport

Your event is your safe space. It is important to us that you feel comfortable and safe at the event. Should this not be the case, you can contact us at any time. You can reach your contact person by phone or WhatsApp on site at the number: +49 (0)151 - 27137949.



3 Media

3.1 LOC contact

Torsten Hartmann
Media officer
Tel. +49 (0)69 678 01 – 124
torsten.hartmann@dtb.de

3.2 Media accreditation

All media have to register themselves in advance of the competition via the following website:
<https://www.dtb.de/presse/akkreditierung>

Once approved, on-site the media accreditations will be handed out at the ticketing-counter next to the main-entrance of SNP dome Heidelberg.

3.3 Mixed Zone

After the competitions press talks will take place at the edge of the Field of Play.

3.4 Streaming

All competitions will be produced for streaming and will be available as follows:

Women: <https://sportdeutschland.tv/dtb/laenderkampf-geraetturnen-2023>

Men: <https://sportdeutschland.tv/dtb/wm-qualifikation-geraetturnen-2023>

All participants are asked to ensure a clean image and to keep the interior free of personal items, this applies in particular to the presentation area. The LOC infield manager is responsible for a clean field which is why her instructions need to be followed.

3.5 Results

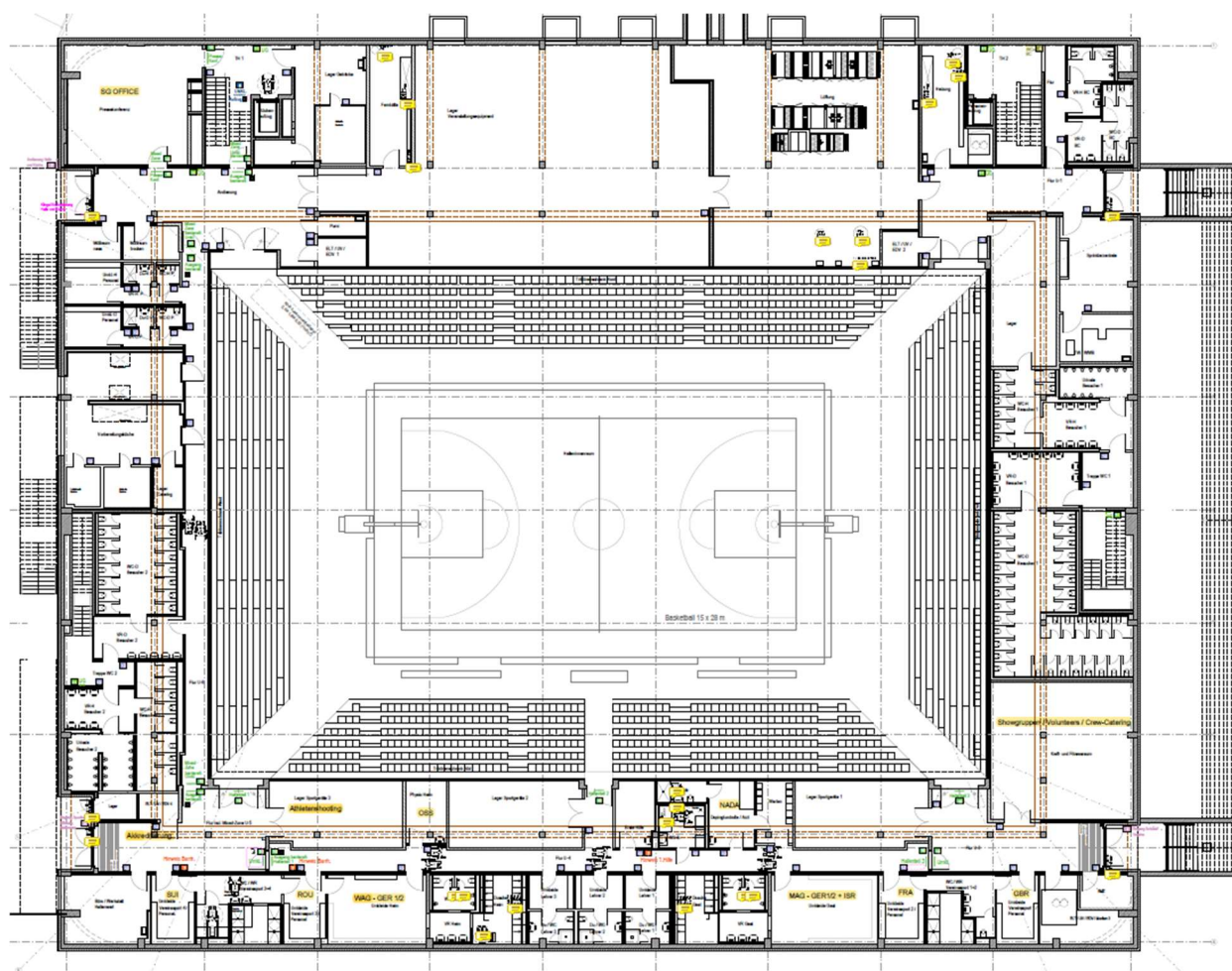
Live results and official reports can be found via the following link:

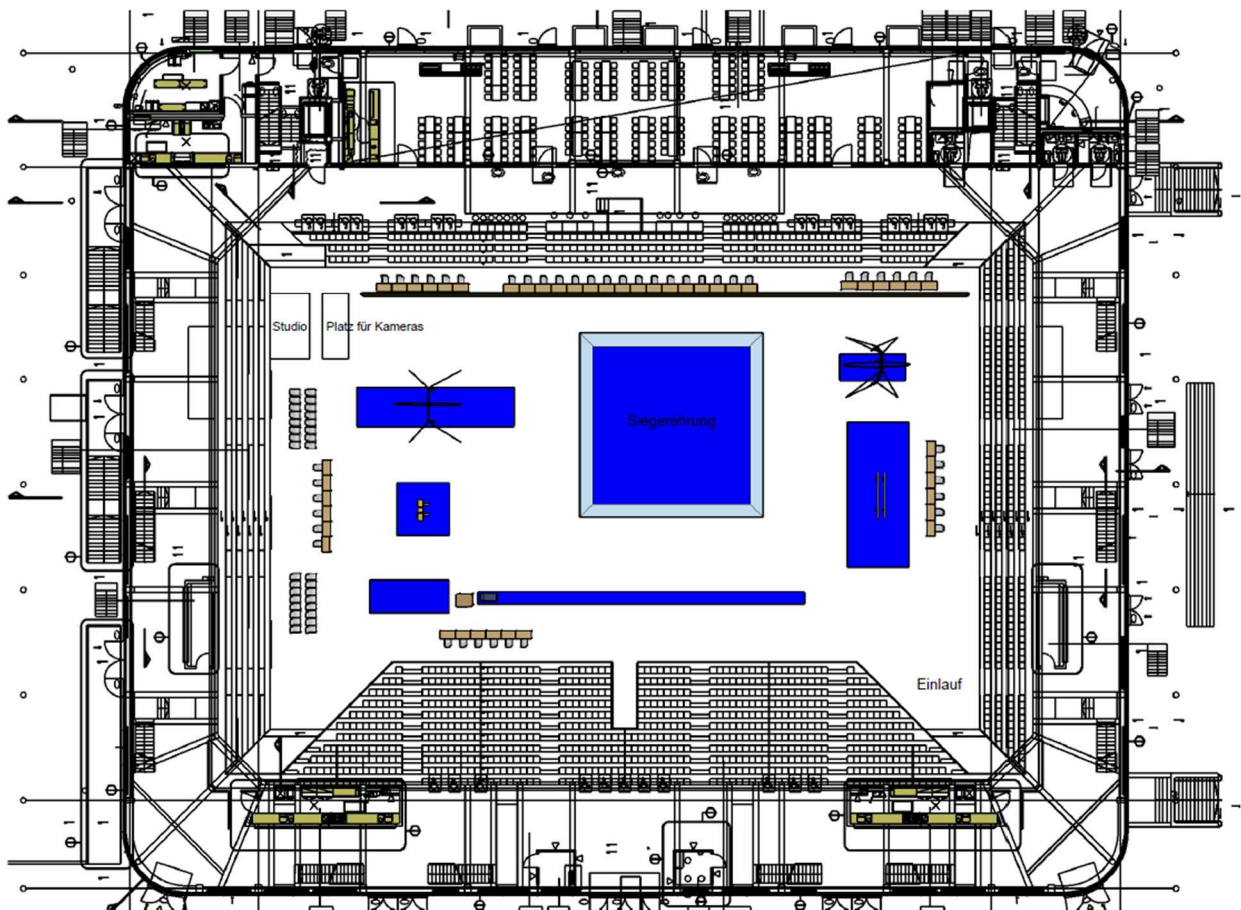
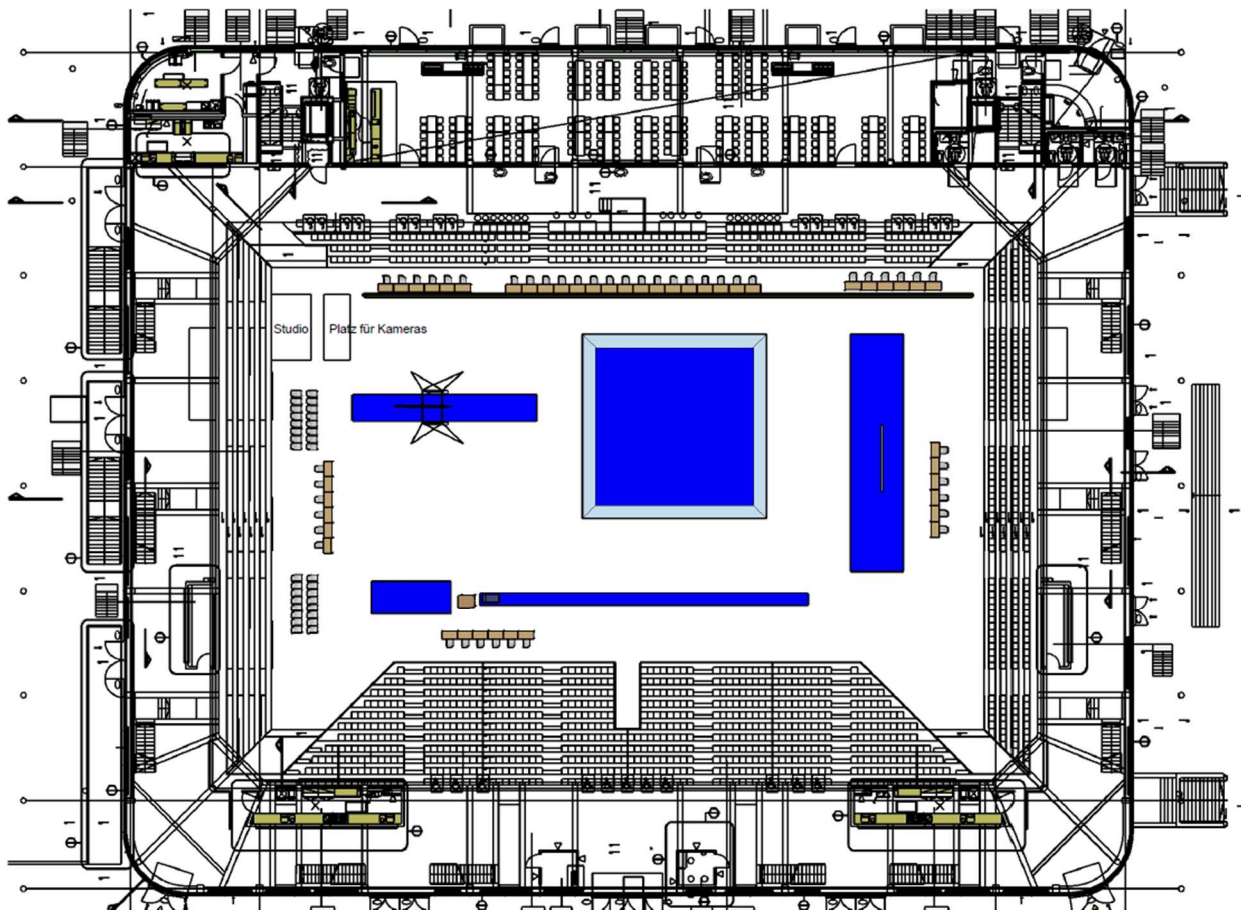
<https://www.dtb.de/heidelberg>

4 Schedule

Start	Duration	End	What	Where
Friday, 8th September				
09:30	02:30	12:00	Training ISR	Turnzentrum HD
12:30	01:00	13:30	WAG ROU and FRA lunch	Hotel
13:30	01:00	14:30	WAG SUI and MAG ISR lunch	Hotel
14:15	00:45	15:00	WAG photo session	Athletes entry
15:00	02:30	17:30	WAG Official Training	FoP
17:45	00:30	18:15	MAG/WAG Technical Meeting	SNP dome
17:15	00:45	15:00	MAG photo session	Athletes entry
18:00	02:30	20:30	MAG Official Training	FoP
18:00	00:50	18:50	WAG judges boattrip	Neckar
19:00	01:30	20:30	WAG Official Dinner	Leonardo Hotel
20:45	01:00	21:45	MAG Official Dinner (GER/ISR)	Leonardo Hotel
Saturday, 9th September				
09:30	01:00	10:30	MAG Open Training	Turnzentrum HD
09:30	02:20	11:50	WAG Warm-Up	FoP
10:00	01:30	11:30	WAG Judges instructions	Loge
12:00	02:50	14:50	WAG Competition	FoP
15:30	01:20	16:50	MAG Warm-Up	FoP
16:00	00:30	16:30	MAG Judges instructions	Loge
17:00	02:15	19:15	MAG Competition	FoP
20:00	01:00	21:00	MAG Dinner ISR	Hotel

5 Plans





6 Competition

6.1 Technical Committee

President	Holger Albrecht
WAG competition	Konstanze Schneider
WAG judges	Sabrina Klaesberg / Kerstin Schilpp
MAG competition	Werner Zimmer
MAG judges	Jörg-Otto Niebuhr

6.2 Competition format WAG

6 gymnasts compete on each apparatus and the 3 highest scores count for the team result (6/6/3).

There will be **no** line-up in front of the judges before the routines. Routines will start on signal of the announcer.

Gymnasts are allowed to perform two vaults on request.

6.3 Competition format MAG





Competition format is an individual all-around competition.

There will be **no** line-up in front of the judges before the routines. Routines will start on signal of the announcer.

Gymnasts are allowed to perform two vaults on request.

6.4 Training

WAG Training (Friday, September 8th)

Timeslot				
15h00 – 15h30	General Warm-Up (FX)			
15h30 – 16h00	GER1 FRA	GBR GER2	ROU SUI	Empty
16h00 – 16h30	Empty	GER1 FRA	GBR GER2	ROU SUI
16h30 – 17h00	ROU SUI	Empty	GER1 FRA	GBR GER2
17h00 – 17h30	GBR GER2	ROU SUI	Empty	GER1 FRA

MAG ISR Training (Friday, September 8th)

- 08.09.2023, 9h30 – 12h00

MAG Official Training (Friday, September 8th)

- 08.09.2023, 18h00 – 20h30

MAG Open Training (Saturday, September 9th)

- 09.09.2023, 9h30 – 10h30 – Turnzentrum Heidelberg





FYI: There will be no shuttle between the official hotel and the "Turnzentrum Heidelberg" as it is only a [5-minute walk](#).

6.5 Warm-Up / One-Touch

Before each competition a warm-up will take place on the Field of Play (see schedule below).

In addition, every gymnast has the chance to have a one-touch (30sec / 50sec for UB and PB) immediately before the respective apparatus.

WAG Warm-Up (Saturday, September 9th)

Timeslot				
9h30 – 9h50	General Warm-Up (FX)			
9h50 – 10h20	Empty	GER1 FRA	GBR GER2	ROU SUI
10h20 – 10h50	ROU SUI	Empty	GER1 FRA	GBR GER2
10h50 – 11h20	GBR GER2	ROU SUI	Empty	GER1 FRA
11h20 – 11h50	GER1 FRA	GBR GER2	ROU SUI	Empty

MAG Warm-Up (Saturday, September 9th)

- 09.09.2023, 15h30 – 16h50 (incl. 20min general warm-up)

WAG One-Touch (Saturday, September 9th)

The first team (up to 6 gymnasts) will warm-up and compete followed by the remaining team (up to 6 gymnasts), warm-up and compete.

MAG One-Touch (Saturday, September 9th)

All 6 gymnasts will warm-up and compete afterwards.

6.6 Apparatus

The apparatus supplier for this competition is SPIETH.

The use of an additional landing mat for vault and floor is allowed according to a DTB regulation (WAG only) and applies to all gymnasts.

Other exceptions will be decided by the superior jury and are according to the FIG regulations.

6.7 Juries

Jury of Appeal

- President: Ulla Koch DTB Vice-President
- Member: Thomas Gutekunst DTB-Sports Director
- Member: Dr. Christine Noe DTB Vice-President

MAG – Superior Jury

- Werner Zimmer Competition Manager
- Jörg-Otto Niebuhr MAG head judge
- Kerstin Schilpp WAG head judge

WAG – Superior Jury

- Konstanze Schneider Competition Manager
- Jörg-Otto Niebuhr MAG head judge
- Kerstin Schilpp WAG head judge

6.8 Judges instructions

Judges instructions will take place in the meeting room (as indicated on-site) and participation is mandatory for all judges.

WAG judges instructions (Saturday, September 9th)

- 09.09.2023, 10h00 – 11h30

MAG judges instructions (Saturday, September 9th)

- 09.09.2023, 16h00 – 16h30

7 Appendix

- Appendix 1: Confirmation of the starting order WAG
- Appendix 2: Vault numbers WAG
- Appendix 3: New elements WAG
- Appendix 4: Request for raising the apparatus WAG
- Appendix 5: Confirmation of the starting order MAG
- Appendix 6: Vault numbers MAG







MAG Competition
Heidelberg (GER), September 9th, 2023



CONFIRMATION OF THE STARTING ORDER - MAG
Team Competition

Federation	ISR
------------	------------

N°	Gymnast's name/first name				
1					
2					
3					
4					
5					
6					

Note:

- Please mark with an X in the second vault column if the gymnast will perform two vaults;
- An apparatus without any number means no participation of the gymnast.

Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

**Deadline for submitting this form:
Friday, 9th of September,
18h00**




Team Competition WAG
GER – FRA – GBR – ROU - SUI
Heidelberg (GER), September 9th, 2023



VAULT NUMBERS

Federation	
------------	--

N°	Gymnast's name/first name		
		1 st vault	2 nd vault
1			
2			
3			
4			
5			
6			

Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

Deadline for submitting this form: 60 min. prior to the competition at the competition desk



Team Competition WAG
GER – FRA – GBR – ROU - SUI
Heidelberg (GER), September 9th, 2023



DETAILS OF NEW ELEMENTS/VAULTS – WAG

Federation	
------------	--

Gymnast's Name				N°	
Apparatus					
Element /Vault Description					
Diagram	<input type="checkbox"/>	Illustration	<input type="checkbox"/>	Video/DVD/CD	<input type="checkbox"/>

Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

Please submit this request with the nominative inscription at latest one hour
before the competition, to the Supervisor Judges WAG

For the DTB use

Evaluation (provisional)														
Evaluation	A	<input type="checkbox"/>	B	<input type="checkbox"/>	C	<input type="checkbox"/>	D	<input type="checkbox"/>	E	<input type="checkbox"/>	F	<input type="checkbox"/>	G	<input type="checkbox"/>
Signature														




Team Competition WAG
GER – FRA – GBR – ROU - SUI
Heidelberg (GER), September 9th, 2023



REQUEST FOR RAISING THE APPARATUS

Federation	
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N°	Gymnast's name/first name

Apparatus	
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Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

According to the current regulations, this request has to be submitted to the competition desk at least one hour before the official competition.

For the DTB use

Status of the request			
Approved	<input type="checkbox"/>	Refused	<input type="checkbox"/>
Signature		Date/Time	







Team Competition WAG
GER – FRA – GBR – ROU - SUI
Heidelberg (GER), September 9th, 2023



CONFIRMATION OF THE STARTING ORDER - WAG Team Competition

Federation

N°	Gymnast's name/first name				
1					
2					
3					
4					
5					
6					

Note:

- Please mark with an X in the second vault column if the gymnast will perform two vaults;
- An apparatus without any number means no participation of the gymnast.

Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

**Deadline for submitting this form:
Friday, 9th of September,
after the technical meeting**




MAG Competition
Heidelberg (GER), September 9th, 2023



VAULT NUMBERS

Federation	
------------	--

N°	Gymnast's name/first name		
		1 st vault	2 nd vault
1			
2			
3			
4			
5			
6			

Submission

Date	Time	Signature of the delegation representative	Signature of the DTB representative

**Deadline for submitting this form: 60 min. prior to the competition
at the competition desk**