

Guideline for the Int. Rhoenrad (Gym Wheel) and Cyr Wheel Workshop 2024 in Taunusstein/Bleidenstadt Germany

March 25 – 29, 2024

For Circus, Rhoenrad, and Competitive Cyr Wheel hosted and produced
by TSV Taunusstein/Bleidenstadt and CirquesExperience/ChicagoWHEEL
JAM

Coaches Gym Wheel:

- *Katja Hohmeyer, German National Coach*
- *Nadine Muenster, Head Coach TSV Taunusstein-Bleidenstadt*
- *Tatjana Gerlach, German National Cyr Wheel Head Coach*
- *Wolfgang Bientzle, USA National Head Coach*

Coach Cyr Wheel:

- *Cyrus Luciano*

Cyrus Luciano is a movement artist and coach based in Reno, NV. Cyrus has been performing and teaching Cyr Wheel for the better part of a decade, and together with his partner, Keisha Thrift, he runs Acro Enso - a Circus Arts facility in Reno with a strong focus on Cyr Wheel, Partner Acrobatics, and Aerial Arts. The teaching methods and philosophy that lay the foundation of the coaching program at Acro Enso are steeped in foundational solid movement and progressive skill development, emphasizing creative exploration and the development of each artist's unique personality and expression.

Coach Trampoline:

- *Michael Vid, High-Level Trampoline certified coach*

For Rhönrad (Gym Wheel), the workshop is at the
Sport- und Jugendzentrum, Taunusstr 32, Taunusstein, Bleidenstadt.

For Cyr Wheel, the workshop is at the
Aartalhalle, Ziegelhuettenweg 7, 65232 Taunusstein-Neuhof

Course A*

Workshops Cyr and Gymnastic Wheel
Monday, March 25, 9:00 am – Wednesday, March 29, 12:00 pm

Course B*

Workshops Cyr and Gymnastic Wheel
Wednesday, April 05, 1:0 pm – Friday, April 07, 6:00 pm

Course C*

(on request only, 5 participants mandatory)

Coaching Clinic Gymnastic Wheel Level 1 and Level 2 (USA Wheel
Gymnastics Fed)

please email: wolfgang@cirquesexperience.org

Fees for Workshop C

€285 (\$315) for participants (competitive) per participant per workshop

€410 (\$450) for participants (professionals) per participant per workshop

€210 (\$230) for attending coaches, per participant, per workshop €310

(\$340) for attending coaches, per participant, per workshop for coaches'
education

(Certificate USA Wheel Gymnastics Fed. €50 (\$55))

**Fees for all workshops are inclusive of meals and accommodation.*

An early bird discount (Coupon Code NOW15) of 15% applies if registered before or on December 24, 2023. If recorded between December 25, 2023, and January 25, 2024, a 10% discount (Coupon Code NOW10) applies.

Registration opens on December 1, 2023

Please note:

All non-professional workshop participants should be motivated wheel gymnasts aiming to compete at the international level of Wheel Gymnastics Competitions.

Only 28 spots are available per course!
Register early to secure your spot!

We charge a non-refundable registration fee of €100 with the registration.

Please pass on the information and registration form to those in your country who might be interested!

Registration is open from Monday, March 25, from 8:00 am to 9:00 am (and all following dates at the same time).

Please check in on arrival at your training facilities.

Accommodation

We provide group accommodation at the Sport- und Jugendzentrum, Taunusstraße D-65232 Taunusstein-Bleidenstadt for Rhoenrad and Cyr Wheel.

Please bring an air mattress and a sleeping bag.

A link at the top of our website will inform you about Airbnb and Hotels in the area.

Arrival

A + C

Sunday, March 24, 2024 (evening) ;

Monday, March 25, 2024 (morning) ;

B

Tuesday, March 26, 2024 (evening);

Wednesday, March 27, 2024 (afternoon)

Travel and Transfer

We offer pick-up for participants at Wiesbaden Central Station. Please let us know your arrival time in your registration email.

Arriving at Frankfurt Rhein-Main Airport, take the "S-Bahn" train to Wiesbaden Central Station. Date and time you arrive at Wiesbaden Central Station: _____

Catering

Vegetarian Regular

Course A+C

First meal: Dinner on Monday, March 25, 2024

Last meal: Lunch Wednesday, March 27, 2024

Course B

First meal: Dinner on Wednesday, March 27, 2024

Last meal: Lunch on Friday, March 29, 2024

Extra meals are available for early arrival (€20).

Please let us know if and when:

T-shirt

Please let us know your T-shirt Size:

XS S M L XL

Workshop Check-in

A B C

Cyr Wheel

Rhoenrad(Gym Wheel)

Participant First Name: _____

Participant Last Name: _____

Legal Guardian & Phone (if applicable): _____

Address (Street): _____

City: _____ **Zip (Postal Code):** _____

Country: _____

Phone: _____

Email: _____

Date of Birth: _ / _ / _

Wheel Size (for Gymnastic Wheel only) _____

Are there any health issues?

Yes No

If yes, please describe:

Please describe the level you are on the Cyr Wheel or Gymnastic Wheel: