
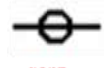






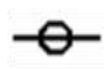





































GT- Gruppen

grundtechn.

nichtgrundt.

| | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|   ganz teilweise    Lö/Fa/ Spirale |  doppelt-1/ dreifach-3 1 Rot.um Kö/ 1 Rot.Langes Mühlhandkreisen  ein-,auawickeln Spirale doppeltes Seil |
|     1 Rot.Hand 1 Rot.Köt  |  1 Rotation  |
|   Pr/Fa   mit Kreisbew. der Arme  |   |
|     min Wetzen + Fangen  min 1 |   1 Rot.auf KöT Schlagen 1x  1Kreis beide Keulen in 1 Hand |
|      klein mittlere |   Rollen auf KöT  |
| <p>alle HG</p> |  Hyp.   Hyp.     |